

BENEFITS OF COACHING

Coaching provides an opportunity for lasting change in many areas:

- Professional growth
- Team building
- Relationships
- Finding balance
- Decision making
- Stuck places
- New roles
- Managing
- Leading
- Personal growth
- Time management
- Dealing with transitions
- Wildly important goals

CONTACT US

INTERNAL IMPACT™

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Am I Ready to Work with a Coach?

WHAT IS COACHING?

Coaching is a collaborative process that allows you to focus on areas you wish to broaden and cultivate.

Coaching provides greater focus and awareness of choice, while encouraging you to reflect on what matters most and what are your priorities.

Coaching encourages proactive change and uncovers big dreams.

READY FOR A COACH?

1. Are you already a strong performer? (Coaching is NOT for under-performers or troubled employees)
2. Do you wish to heighten your personal and professional productivity?
3. Do you wish to grow as a leader and/or plan for succession?
4. Will your improvement increase organizational performance?
5. Are you faced with opportunities that require innovative thinking?
6. Are you willing to take responsibility for your own change?
7. Do you have clear goals but not a clear plan for reaching them?
8. Are you able to dedicate time and effort to being coached, knowing that the return will be high?
9. Are you willing to accept the feedback that comes with coaching?

If you answered "Yes" to any questions 1 through 5 and also answered "Yes" to all of questions 6 through 9, then you are an excellent candidate for working with a coach.

MEET THE INTERNAL IMPACT COACHES

Each team member is a credentialed and successful coach with experience bringing coaching to organizations.



Bill Copper, PCC
Partner



Chad Hall, PCC
Partner



Jane Creswell, MCC
Principal



Linda Miller, MCC
Partner



Perry Rhue, PCC
Principal